

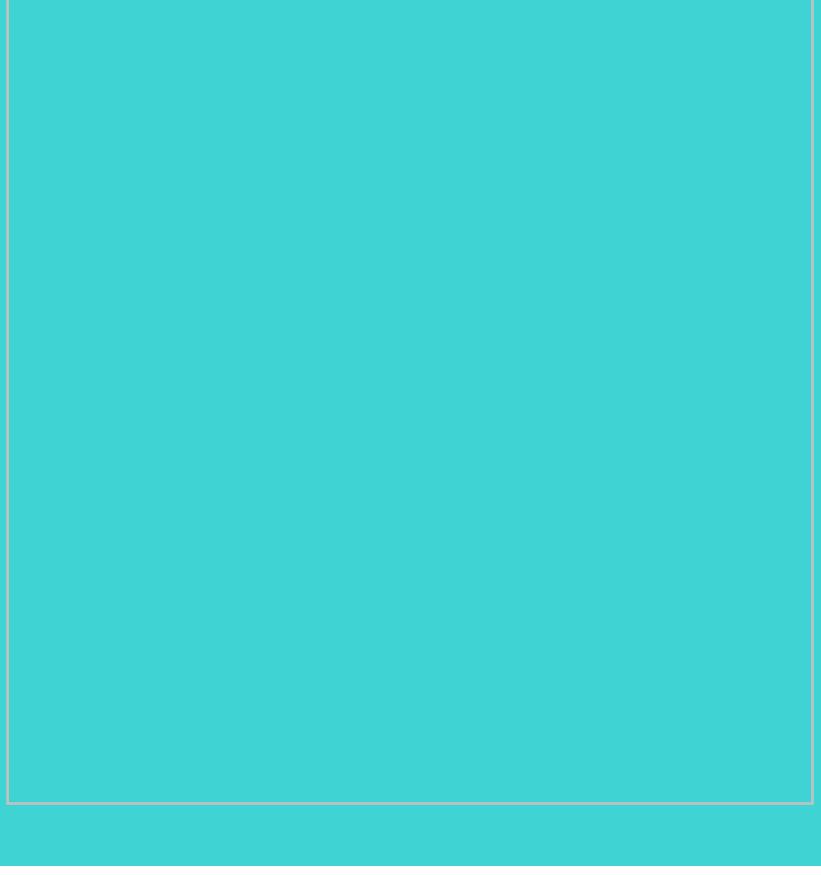
From: [Fashion Business, Inc.](#)
To: [Kent Smith](#)
Subject: Workshop: Mindfulness for Fashion Entrepreneurs
Date: Thursday, July 09, 2015 5:06:04 PM



WORKSHOP:

Mindfulness for Fashion Entrepreneurs

**July 29th, 2015
6 PM - 7 PM (PDT)**



Running a fashion business is HARD. Between managing production, getting press, keeping up with social media and all the hundreds of other things we need to do, we can find ourselves stressed out, overworked and burnt out on a regular basis. How do we keep the balance, and creativity flowing? In this roundtable discussion, Syama Meagher, Founder of Scaling Retail and Illuminate.LA, will share with you best practices she has found through working with dozens of SMB owners like yourself. You can expect a short meditation, discussion on technology, time management and strategies on how to marry your financial and business goals with your personal life. Mark this event on your calendar as the success of your professional and personal is critical to success.

LIMITED TO ONLY 20 PARTICIPANTS!

REGISTER NOW!

FBI Members \$20

Non-Members \$45

Follow Syama on Instagram, Twitter and
Facebook @ScalingRetail

Syama Meagher
CEO, Scaling Retail
415.756.4591
www.ScalingRetail.com

Podcast: Mindfulness for Entrepreneurs: 5 Tips
for Business Success

Co-Author: The Fashion Designers Guide:
Creating Fashion Websites That Sell

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info@fashionbizinc.org | Phone: 213-892-1669

For a listing and to register for any of our scheduled events,
please go to:

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